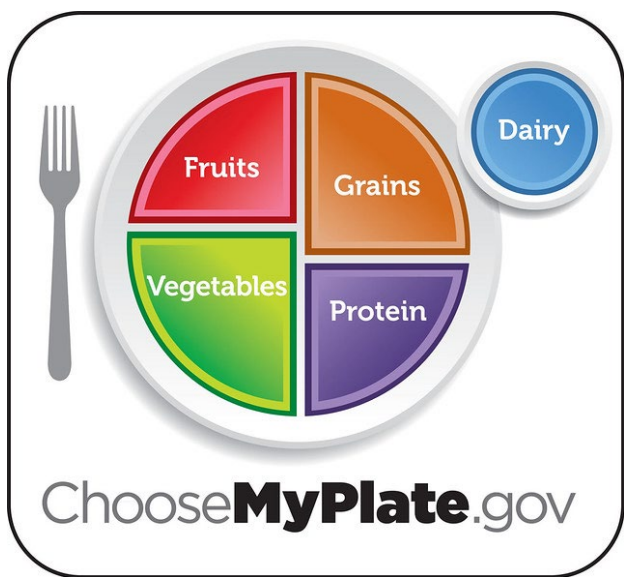


Lafayette 4-H Hotline

MyPlate - Nutrition

MyPlate's symbol is a simple visual reminder to choose a variety of foods throughout the day and throughout the week. It represents what and how much to eat from each of the food groups over the course of the day, whether you eat on a plate, from a bowl, or another way. Members will explore foods within each group and discuss portion sizes as well as information contained within food labels.

The content of this lesson will be mirroring engagement in collaborative discussions, presenting ideas, and supporting them with evidence from ELA - Speaking, Listening, and Reasoning content for LEAP Testing.



April 2026

Lafayette Office
1010 Lafayette St., Ste. 325
Lafayette, LA 70501
Phone: (337) 291-7090
Fax: (337) 291-7099
www.lsuagcenter.com

Points of interest:

- MyPlate - Nutrition
- Achievement Day 2026
- Honors Night
- LOST Camp
- 4-H University
- 4-H Scorecards Due!
- 4-H Summer Camp
- Horse Project
- Shooting Sports



Achievement Day 2026

Achievement Day was held Saturday, March 21st at Martial Billeaud Elementary. We would like to thank and congratulate all our Achievement Day participants for attending!

Awards were presented during the Achievement Day closing assembly. Results are posted on our website [4-H Youth Development \(lsuagcenter.com\)](http://4-H Youth Development (lsuagcenter.com)), our Facebook page, and were also sent out to Lafayette Parish 4-H Club Leaders. Congratulations again!



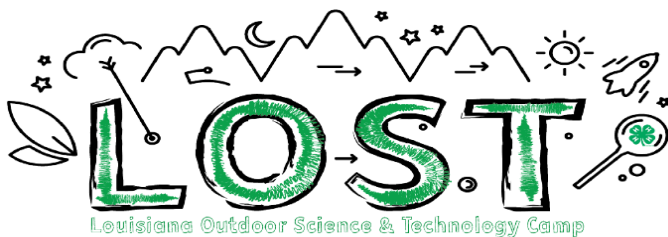
Honors Night

The Honors Night program will be held on Thursday, May 7th, at David Thibodaux STEM Magnet Academy (805 Teurlings Dr, Lafayette, LA 70501). We will begin the program at 6:00 PM.



LOST Camp

LOST (Louisiana Outdoor Science & Technology) Camp is back at Camp Grant Walker this year Thursday, July 30 - Sunday, August 2, 2026. LOST Camp is an opportunity for 7th and 8th grade members. Applications were mailed to all 7th and 8th graders enrolled in Lafayette Parish 4-H. Completed applications were due back to the 4-H Office no later than Friday, March 6th in order to be eligible for selection.



4-H University

Attention all 8th – 12th grade 4-H members! 4-H University is a time-honored tradition here in Louisiana 4-H. If your parents were 4-H members, they may know the event as short course!

4-H University happens annually in June; 4-H members from all around the state of Louisiana gather to compete in contests, participate in educational tracks, and show off their dance moves.

This year, 4-H U will be on the LSU campus, with a few events competing virtually. Information was sent out to all 8th – 12th graders electronically and hard-copy in the mail. Please review contest details carefully before completing your registration.

Contests available this year include...

- Career Preparation
- Public Speaking
- Photography
- Livestock Judging
- 4-H Has Talent
- Insect Identification
- Fashion Revue
- ... and many more!

If you would like to represent Lafayette Parish while also learning new things and meeting new people, 4-H U might just be for you! Registration forms are due to the 4-H Office along with a \$100.00 non-refundable deposit by Wednesday, April 1st. Please let Mrs. Nicole know if there are any questions at ngerard@agcenter.lsu.edu.



4-H Scorecards Due!

The 4-H scorecard for awards was sent out to qualifying members in March. 4-H members must have turned in a record book to qualify for the Outstanding 4-H'er award.

The scorecard is due April 2nd to the Lafayette 4-H Office.



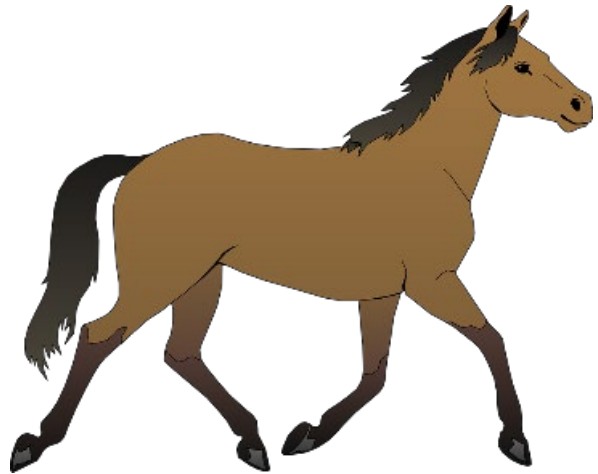
4-H Summer Camp

Acceptance letters for overnight camp have begun going out to campers in order to make sure all required paperwork and payments are submitted in a timely manner. Please remind campers that were selected to get their paperwork completed and turned in as quickly as possible to secure their bed.



Horse Project

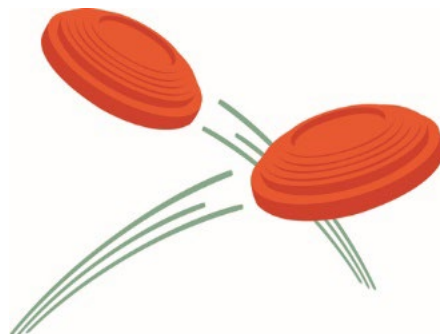
Attention horse exhibitors! As a reminder, the date of horse possession is Wednesday, April 1, 2026. If you are planning on exhibiting horses in the Lafayette 4-H program, registration will take place online in Fair Entry and is due by **Monday, April 6, 2026**. If you have any questions or concerns about this process, please contact Charles Hebert at (337) 291-7090 or by email at chebert@agcenter.lsu.edu.



Shooting Sports

Hold on to your hats, folks! The parish shooting sports tournament has come to a close with 138 members participating and advancing from the parish to the regional and then to the state tournament.

Congratulations to these members, good luck at state! We know you will represent Lafayette well.



Dates to Remember

April 2026

- 1 Horse Possession Date and Entry in 4-H Online
- 1 First Day of Club Meetings
- 1 4-H U Registration and Deposit Due to 4-H Office
- 1 Camp Counselor App Due, 4-H Office
- 2 4-H Scorecards Due to 4-H Office
- 3 Good Friday, OFFICE CLOSED
- 6 Outstanding Senior Applications Due, 4-H Office
- 9 Camp Counselor Training, Lafayette 4-H Office
- 28 4-H Day at the Capitol, Baton Rouge

Like us on Facebook: www.facebook.com/lafayette4h



Follow us on Instagram: [@lafayette4h](https://www.instagram.com/lafayette4h)



May 2026

- 5 4-H University Orientation, 4-H Office
- 7 4-H Honors Night, David Thibodaux STEM
- 10 Mother's Day
- 19-22 LPSS Graduation
- 21 LPSS Last Day of School

Sincerely,

Nicole Gerard

Nicole Gerard

Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

June 2026

- 6 Tri-Parish Horse Show, AgArena Opelousas
- 11 4-H U Training for Horticulture & Poultry Judging, IRA Nelson Horticulture Center
- 16 4-H U Training for Zero Turn Mower, Outdoor Skills, Tractor Operations & Livestock Judging, McNeese Farm- Lake Charles
- 23-26 4-H University, LSU - Baton Rouge

CHARLES HEBERT

Charles Hebert

County Agent, 4-H Youth Development
Lafayette Parish

Charlene Martin

Charlene Martin

4-H Program Assistant
Lafayette Parish

July 2026

- 1-3 Acadiana District Horse Show, Sugarena - New Iberia

Camden Oglesby

Camden Oglesby

Assistant Extension Agent, 4-H Youth Development
Lafayette Parish

The LSU AgCenter is an equal opportunity provider and employer.

Should you need ADA Accommodations, please contact the Lafayette 4-H Office at (337) 291-7090 no later than two weeks prior to the scheduled event.